

**HOLIDAY DATES & COSTS AT THE
RE GEN HEALTH CENTRE
for 2010**

| CATEGORY | EN SUITE | £850 per person | DATES FOR 2010 |
|--|----------|-----------------|---|
| Sharing a wooden Chalet for two or three people | YES | | 5th June - 19th June 11th Sept - 25th Sept |
| You should ensure that you have insurance cover. Please confirm this on the booking form. | | | |

TRAVEL INFORMATION

- q There are now so many options of flying to Gdansk that we have left the responsibility for purchasing tickets to clients. There are some very good deals available and we can help you with advice on the various connections.
The secret is to book early.
- q From the UK there are direct flights from Luton, Glasgow & Liverpool(Wizzair), Stanstead (Ryanair), Edinburgh (Central Wings). Approximate flight times from the UK are 2 hours. Time difference – Poland is one hour ahead.
- q Norway – Oslo (Norwegian), Iceland Rejkjavik via Copenhagen (SAS) or via Stanstead (with Island Express and Ryanair), Denmark - Copenhagen (SAS) Flight time 1 hour
- q Sweden – Stockholm Skavsta (Wizzair & Ryanair) Flight time 1 hour
- q Germany – Dortmund, Cologne & Hamburg (Wizzair) Berlin – Day & Night trains to Gdansk. Flight time 1 hour
- q Ireland – Dublin (Central Wings) Flight time 2½ hours Time difference – Poland is one hour ahead.
- q The main group transfer to & from Gdansk airport is on Saturday mornings by 12.00 noon. Any arrangements for other times will have to be made and paid for separately.

All details are offered subject to our terms & conditions and availability.

INCLUDED IN HOLIDAY

| ITEMS | INCLUDED | OPTIONAL |
|---|----------|----------|
| Transfer from Airport to Health Centre | | • |
| Transfer back to airport | √ | |
| Yoga lessons | √ | |
| Gdansk sightseeing tour by coach and foot | √ | |
| Accommodation at the Health Centre | √ | |
| Choice of Meals at the Health Centre | √ | |
| 4 deep massages | √ | |
| Use of Sauna | √ | |
| Coach excursion of the Kashubian region | √ | |
| An evening with folk artists | √ | |
| Medical checks and attendance | √ | |
| Colonic therapy | | • |
| Manicure & pedicure | | • |
| Hairdresser | | • |
| Boat hire | | • |
| Bicycle hire | | • |
| Laundry service | | • |
| Horse riding | | • |
| Additional massage | | • |
| Personal trainer | | • |



The Natural Choice

HOLIDAY BOOKING CONDITIONS

1. All bookings are made with **Cambridge Diagnostics (Polska)** (The Company) and are subject to our conditions. No contract exists until The Company has received a signed booking form, accompanied by the appropriate deposit.
The client warrants that he has the authority to sign the booking form on behalf of the party who shall be bound by the terms of these conditions. The deposit paid will be considered as part payment of the holding cost, which is payable at least six weeks prior to departure.
2. (a) The Company reserves the right to cancel a booking up to the time the balance becomes due or at any time in force majeure circumstances. (b) To place the client in different hotels in force majeure circumstances as long as they are of the same or higher class.
3. The holiday depends on achieving a satisfactory quantity of clients. If that level is not achieved, The Company may cancel the arrangements before a final payment is made. In such cases the client will be offered alternative arrangements or a refund.
4. If The Company is forced to make a material alteration to a tour, holiday or other travel arrangement before the full payment is made, it will notify the client without delay and he will be given the choice of either accepting the alteration or receiving a prompt and full refund.
5. If you are prevented from travelling on an aircraft because in the opinion of a person in authority (police, pilot or security personnel) you appear to be intoxicated by alcohol or under the influence of drugs, our responsibility for your journey ceases. Full cancellation charges will then apply and no refunds will be possible. We will be under no obligation whatsoever for compensation or costs you may incur.
6. The Company will not be liable for any losses or additional expenses or costs incurred in the event of war, riots, civil strikes, industrial disputes, terrorist activities, natural and nuclear disasters, fire, adverse weather conditions and similar events which are beyond the Company's control.
7. We have made every effort in our literature to describe resorts, accommodation and general facilities as accurately as possible. However, there may be times when certain facilities are temporarily not available. For example, facilities not available due to power equipment breakdown. We cannot accept responsibility for problems which are outside of our control. All bookings are accepted on the basis of our brochure. We cannot guarantee the accuracy of any hotel or resort produced brochures which may have been supplied as an additional service to the customer.
8. When travelling abroad, you must accept that things will be different to the UK. Safety standards and regulations conform to local standards and could be less or more stringent than those we have in the UK. It is your responsibility to check aspects that may concern you and satisfy that your requirements are met
9. You should have an up to date Travel Insurance policy in place. Your confirmation on the Booking Form is important.
10. The laws of England shall apply in all respects and English Courts shall have sole jurisdiction.
11. Passengers must arrive at the airport of departure in due time for check-in. Should admission to a flight be refused due to late arrival and the flight closed, we cannot be held responsible. Furthermore, we will not be responsible for the cost of alternative travel or accommodation arrangements. (You may be covered by your travel insurance.)

CHANGES & CANCELLATIONS

Cancellation charges before departure are as follows;

| | |
|-----------------------------|---------------------------------|
| 42 days before departure | loss of deposit only plus costs |
| 42-28 days before departure | 40% |
| 27-15 days before departure | 60% |
| 14 to day of departure | 100% |

COMPLAINTS

In the case of any complaints, you should advise us within 28 days of the completion of your holiday. Disputes arising out of our contract which cannot be settled may be referred to arbitration under a scheme administered by the Chartered Institute of Arbitrators.

BOOKING FORM

PLEASE GIVE NAME & ADDRESS OF PERSON TO WHOM ALL CORRESPONDENCE SHOULD BE SENT.

| | |
|---|----------------------------|
| Name | REMITTANCE ENCLOSED |
| Address | Holiday cost: |
| | No. passengers: |
| Post Code | |
| Tel. Home/Mob | Tel. Business |
| Total enclosed: | |
| e-mail address: | DATES SELECTED |
| You should ensure that you have Travel insurance cover. By signing this form we accept you have a current policy in place. | |

Names of other travelling passengers. WHEN BOOKING IN ADVANCE A DEPOSIT OF £100.00 per PERSON IS REQUIRED

| Title | Initials | Surname | Age if under 12 or over 66 | Insurance Yes/No | CREDIT CARD PAYMENT |
|---|----------|---------|----------------------------|------------------|--|
| | | | | | Name: |
| | | | | | Address: |
| | | | | | |
| Or.... make payment directly to our bank account via International Transfer. Name: Cambridge Diagnostics (Polska) Bank: PKO BP SA, 00-201 Warszawa, ul.Andersa 6/8 IBAN: PL 841020 1013 0000 0302 0200 3812 SWIFT: BPKOPLPW | | | | | Visa / Access / Switch/ Other |
| | | | | | Number: |
| | | | | | Expiry Date: |
| | | | | | An administration charge of 2.5% will be added for Credit Cards. |

Signature.....

Accepting our terms & conditions above and Travel insurance confirmation.

Cambridge Diagnostics (Polska)

Since 2009 we have moved InterPol Tours to a new Address:

Cambridge Diagnostics (Polska)

00-159 Warszawa, Andersa 21B/6, Poland.